



# July Lunch Menu!



**BOYS & GIRLS CLUB**  
OF EL DORADO COUNTY  
WESTERN SLOPE

Monday	Tuesday	Wednesday	Thursday	Friday
1 TERIYAKI CHICKEN WGR RICE CARROTS STRAWBERRIES 1% MILK	2 WGR MAC N CHZ/ BBQ CHICKEN CELERY BANANA NF CHOC MILK	3 WGR BEEF NACHOS CARROTS STRAWBERRIES 1% MILK	4 ALL CLUBS CLOSED!	5 ALL CLUBS CLOSED!
8 BRAISED PORK WGR BREADSTICK CARROTS STRAWBERRIES 1% MILK	9 MEATBALL STROGANOFF WGR BREADSTICK MASHED POTATOES BANANA NF CHOC MILK	10 WGR SPICY BEEF RAGU CARROTS STRAWBERRIES 1% MILK	11 WGR CHICKEN TACOS CELERY CUTIES NF CHOC MILK	12 WGR BURGERS CARROTS STRAWBERRIES 1% MILK
15 CHICKEN LOLLIPOPS WGR RICE PILAF CARROTS STRAWBERRIES 1% MILK	16 SWEET N SOUR PORK WGR RICE CELERY BANANA NF CHOC MILK	17 WGR CHICKEN RANCH WRAP ROMAINE LETTUCE STRAWBERRIES 1% MILK	18 WGR ASADA NACHOS CELERY CUTIES NF CHOC MILK	19 WGR HOT DOGS CARROTS STRAWBERRIES 1% MILK
22 MONGOLIAN CHICKEN WGR RICE CARROTS STRAWBERRIES 1% MILK	23 PORK & POTS WGR BREADSTICK RED POTATOES CELERY BANANA NF CHOC MILK	24 TERIYAKI CHICKEN WGR BREADSTICK MASHED POTATOES CARROTS STRAWBERRIES 1% MILK	25 WGR CHICKEN TACO CELERY CUTIES NF CHOC MILK	26 PORK POTSTICKERS WGR STIR FRY RICE CARROTS STRAWBERRIES 1% MILK
29 CRISPY CHICKEN NUGGET & MASH WGR TEXAS TOAST CUTIES 1% MILK	30 BEEF FAJITA BOWL WGR BROWN RICE CARROTS CUTIES 1% MILK	31 TURKEY CHEDDAR MELT WGR HOAGIE CARROTS STRAWBERRIES 1% MILK		

All meals are scratch made in our Placerville Kitchen, using fresh, whole grain ingredients to provide well-rounded meals. BGCE is an equal opportunity provider. Menu subject to change.





# July Breakfast Menu!



**BOYS & GIRLS CLUB**  
OF EL DORADO COUNTY  
WESTERN SLOPE

Monday		Tuesday		Wednesday		Thursday		Friday	
1	WGR PANCAKE SAUSAGE STICK BANANA 1% MILK	2	WGR BAGEL BANANA 1% MILK	3	WGR FRENCH TOAST STICKS BANANA 1% MILK	4	ALL CLUBS CLOSED!	5	ALL CLUBS CLOSED!
8	WGR FRENCH TOAST STICKS BANANA 1% MILK	9	WGR BAGEL BANANA 1% MILK	10	WGR BREAKFAST ON A STICK BANANA 1% MILK	11	WGR CEREAL BANANA 1% MILK	12	WGR EGG SANDO BACON & EGG BANANA 1% MILK
15	WGR PANCAKE SAUSAGE STICK BANANA 1% MILK	16	WGR BAGEL BANANA 1% MILK	17	WGR BREAKFAST ON A STICK BANANA 1% MILK	18	WGR CEREAL BANANA 1% MILK	19	WGR BISCUITS & GRAVY BANANA 1% MILK
22	WGR FRENCH TOAST STICKS BANANA 1% MILK	23	WGR BAGEL BANANA 1% MILK	24	WGR BREAKFAST ON A STICK BANANA 1% MILK	25	WGR CEREAL BANANA 1% MILK	26	WGR EGG SANDO BACON & EGG BANANA 1% MILK
29	WGR FRENCH TOAST STICKS BANANA 1% MILK	30	WGR BAGEL BANANA 1% MILK	31	WGR BREAKFAST ON A STICK BANANA 1% MILK				

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# July Snack Menu!



**BOYS & GIRLS CLUB**  
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WESTERN SLOPE

Monday		Tuesday		Wednesday		Thursday		Friday	
1	WGR CHIPS APPLE JUICE	2	SNACK MIX APPLE JUICE	3	WGR CHIP APPLE JUICE	4	ALL CLUBS CLOSED!	5	ALL CLUBS CLOSED!
8	WGR CHIPS APPLE JUICE	9	WGR MUFFIN APPLE JUICE	10	WGR CHIPS APPLE JUICE	11	STRING CHEESE APPLE JUICE	12	WGR CHIPS APPLE JUICE
15	WGR CHIPS APPLE JUICE	16	WGR MUFFIN APPLE JUICE	17	WGR CHIPS APPLE JUICE	18	STRING CHEESE APPLE JUICE	19	WGR CHIPS APPLE JUICE
22	WGR CHIPS APPLE JUICE	23	WGR MUFFIN APPLE JUICE	24	WGR CHIPS APPLE JUICE	25	STRING CHEESE APPLE JUICE	26	WGR CHIPS APPLE JUICE
29	WGR CHIPS APPLE JUICE	30	SNACK MIX APPLE JUICE	31	WGR CHIPS APPLE JUICE				

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